INTERNATIONAL OKINAWAN GOJU-RYU KARATE-DO FEDERATION

国際沖縄剛柔流空手道連盟

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Chairman/Chief Instructor: MASTER MORIO HIGAONNA

To: Sensei Paolo Francesco Spongia and members of Torakan Dojo,

Congratulations on the 20th anniversary of Torakan Dojo.

Torakan Dojo is the headquarters of IOGKF Italy and plays a very important role in spreading traditional karate-do in Italy.

Sensei Paolo Spongia has In-depth knowledge and he instructs students in both traditional Okinawan Goju-Ryu Karate-Do as well as Soto Zen Buddhism. I believe that the final goal of both cultures is through daily practice to become better human beings and to help our society to be a better place to live.



I appreciate his efforts in spreading this intangible culture to society and our next generation.

I sincerely wish further prosper of Torakan Dojo as well as health for all of its members and their families.

Best regards,

Morio Higaonna IOGKF Chief Instructor Okinawa Goju-Ryu Karate 9th Dan