



# English Goju-Ryu Karate-Do Association

## **Visit to Rome**

I have traveled to Rome on several occasions from the 1980s up to the present. I took part in two European Goju-Ryu championships there during the 80s and 90s so when I was invited to teach there by Sensei Paolo Spongia I was very excited. Paulo and his beautiful wife made my visit very pleasant for me and I was made very welcome by all the students.

During the training I found all students to be very hard working and serious towards their karate. As a senior IOGKF instructor I feel we are privileged to have the Tora Kan and IOGKF Italy as part of our federation.

I would like to extend my best wishes and those of all the instructors in EGKA to Sensei Paulo and all the members of the Tora Kan in this their anniversary year.

Yours in Karate-do Ernie Molyneux

Chairman/Chief Instructor Ernie Molyneux  
9 Rosebud Ave, Moordown, Bournemouth, BH9 3AB  
Tel: 01202 517854--0790 995 6940  
Email: ErnieEGKA@aol.com